

# Family Safety Contract

*This contract is an agreement between parents and teens to establish rules and guidelines for safety. It should be used as part of ongoing family discussions about the issues of alcohol and other drug use, risk behaviors, dealing with friends who are at risk, etc.*

## **As parents we promise to keep you as safe as we can by doing the following things:**

1. Being part of the Safe Homes program and calling parents of all your friends when you are invited to parties and other social events. We also agree to never serve alcohol to minors in our home, or to leave you home unattended.
2. Giving you a safety "code word" to use with us to let us know you are in an unsafe place. If you call us and use this word we will pick you up wherever you are and you will not be punished. (We may have to follow up and make sure other teens are also safe.) We will discuss the possible scenarios that this word may help you out of.
3. We promise not to abuse alcohol or use any mood altering drugs ever. We promise to respectfully listen to your feedback about other behaviors you feel are unsafe.
4. We promise to be available to listen to your worries and concerns about friends' behaviors without "freaking out".

## **We ask of you to follow these safety guidelines:**

Your curfew is: \_\_\_\_\_

You are allowed to freely visit the following homes:

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You are allowed to see the following friends at our house only (for now) because we worry that they are not being closely supervised by their parents.

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